

# The Vital Sixth Sense

## Enslavement verses Freedom

**The truth can only do two things: convict you or set you free.**

Only two wills exist, self-will and the designer's will. We have to be operating in one or the other. Here's how to measure which one you are operating in.

Characteristics of personality re-acting in the bondage of self-will	Characteristics of personality being proactive, a gifted design known as a sixth sense
Restless, Irritable, Discontent	Happy, Joyous, Free
aggravated	gratitude, tolerance, patience, acceptance
angry	gratitude, tolerance, patience, acceptance
annoyed	gratitude, tolerance, patience, acceptance
arrogance	humility, love, self-honesty
bulky	faith, trust, courage, acceptance
bothered	acceptance, faith
coldness/coolness	humility, honesty, love/concern for others
condemnation	love/concern for others
contrariness	acceptance, humility
cowardly	courage, faith, trust
cynical	humility, appreciation
deceitful	honesty, love/concern for others
denial	self-honesty, acceptance
disbelieving	faith, trust
dishonesty	honesty, truthfulness, love/concern
dislike	tolerance, acceptance, appreciation
dismay	faith, courage
dissatisfied	tolerance, acceptance
disturbed	faith, acceptance
doubt	faith, trust, courage
dread	faith, trust, courage
egocentric	humility, self-honesty
envy	gratitude, appreciation, honesty
evasive	honesty
frightened	courage, trust, faith
gluttony	love/concern for others
greedy	love/concern for others
harm to others	love/concern for others
hate	love/concern for others, honesty
humiliation	humility
impatience	acceptance, patience, tolerance
inconsiderate	love, humility
intolerance	tolerance, acceptance
jealousy	tolerance, acceptance

judgmental	gratitude, appreciation, humility
loneliness	love/concern for others
lustful	love/concern for others
offensive	humility, love/concern for others
over-reactive	courage, faith, self- honesty
panic	courage, faith, self- honesty
pride	humility, self -honesty
procrastination	service, action
provoked	tolerance, patience, acceptance
resentment	acceptance, forgiveness, honesty, love
resistance	acceptance, courage, faith
revengeful	forgiveness, love, self-honesty
self-centered	humility, love/concern for others
self-condemnation	self-forgiveness, humility
self-importance	humility, self-honesty
selfish	humility, love/concern for others
self-justification	humility, self-honesty, acceptance
self-pity	self-honesty, gratitude, appreciation
self-seeking	love/concern for others, humility
sloth	action, service
spitefulness	love/concern for others, humility
suspicion	trust, faith
unwillingness	faith, trust, acceptance
vindictiveness	humility, love/concern for others

We can plan continuous spiritual growth based on going to the same places in which the left side of the page appeared and practice having those same experiences using the right side of the page.

Step 6 becomes request-specific, and that means to practice improving our spiritual condition through recognition and awareness. Our designer provides the means for change and we co-operate with the willingness to improve through this practice.